

Meet Elisha Beach



Elisha Beach is a birth mom of 3, adoptive mom of 1 and a stepmom of 4 step-"adults.". Yes, you read that right... 8 kids a.k.a a professional mom complete with a B.A. in Child Development. Elisha is also a wife, homecook, terrible housekeeper, laundry avoider, baby wearer and blogger of mom truth.

She has always prided herself on being honest about the messiness of motherhood. She began her blogging career after a photo of herself breastfeeding on the toilet went viral and sent the internet into a frenzy. She stated...

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Everybody complains that social media is full of people pretending to live picture perfect lives and I see so many mothers doubting themselves based on those photos. Well, this is reality and so many mothers are doing this exact thing right now. Motherhood ain't pretty but then that's what makes it so beautiful.

Featured On...



The Mom Forum

In July 2017, Elisha launched **The Mom Forum**, a blog designed to support women in their journey through motherhood and help them become more confident mothers.



The blog has since expanded to Mom Forum Media LLC, a media and events company. In addition to the blog it includes the video series **Mom Best Friends** and **#MomLife**, Facebook Live series **Monday Mom Chat** and **What's for Dinner Wednesdays**, and in person events and workshops such as our **Mom Selfcare Workshop** and **Moms' Night Out**. **The Mom Forum Podcast** launched in July 2018 and features intimate mom-to-mom conversations sharing the journey to and through motherhood featuring moms such as Angel Moore of That Chick Angel TV on Youtube and Facebook, Sofia Dickens, founder of EQtainment, and Codie Oliver, creator and executive producer of Black Love on OWN TV.

Statistics

Social Media:



805 My Life Is A Beach
1.3K The Mom Forum



837 @mylifesabeach
87 @themomforum



8.5K @mylifeisabeach
472 @themomforum

Podcast Listens: 1.6K

Website:

Monthly Users - 2.2K

Monthly Sessions - 2.5K

Monthly Page Views - 3.0K

Audience Demographics

90%  40% **25-34** 35% **35-44** 74% **USA**